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fantastic!

All The
Best Fall

How to Treat Your Skin at Home

SUN DAMAGE SPEEDS UP THE AGING PROCESS. EXFOLIANTS and skin-repair creams can slow the clock. Scrubs, exfoliant pads like Aveeno's, and mild chemical peels help get rid of dull, flaky skin (a normal sign of aging that appears greatly magnified after UV exposure) and "improves the way skin looks tremendously," says Lancer. Vitamin A creams quicken cell turnover and can stimulate collagen and hyaluronic-acid production so skin is plumper and more moist. And new creams like Remergent DNA Repair Formula (\$125; remergentskin.com) may even help prevent skin cancer. "Enzymes in the serum cut out damaged DNA," says Alexiades, who also recommends products with vitamin C, which brightens skin by eliminating brown spots.

